



**N**OWHERE in the whole world can one find a more delightful place to spend a summer vacation free from the cares of business and the turmoil of city life than at far-famed Banff, in the Canadian Rockies. This charming summer resort is situated in the beautiful valley of the Bow River, just within the easternmost range of the Canadian Rockies, about 150 miles north of the International Boundary and only about forty hours' ride from St. Paul and Minneapolis, via the Soo-Pacific Route.

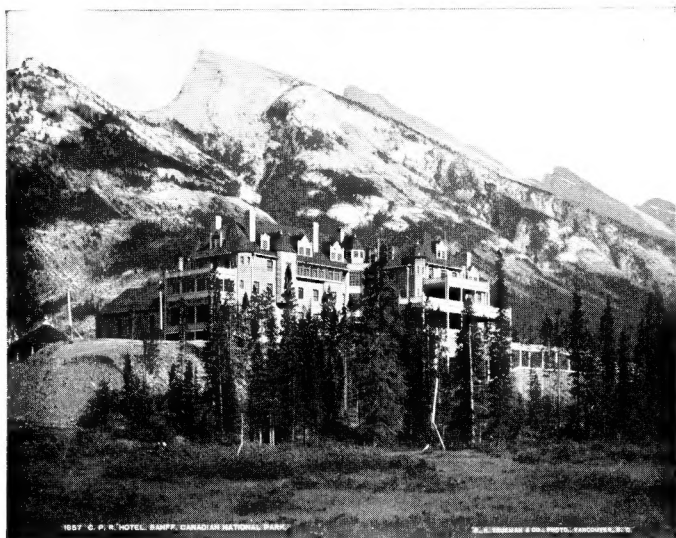
Located as it is in the Rocky Mountains Park of Canada, which comprises an area of 4,900 square miles, Banff is in the very heart of one of the most picturesque parts of the Canadian Rockies. The beauties of mountain and forest, lake and river are here exquisitely blended, making the scenery grand beyond compare. At this point the railway maintains an excellently appointed hotel, modern in every respect, and located in such a commanding position on a promontory as to afford a magnificent view of the surrounding country.

From the veranda of the hotel one sees to the northward, Cascade Mountain, towering to the height of 9,875 feet; to the east, Mount Inglismal-

die and the far-uplifted solitudes of the Fairholme sub-range; southeast of Mount Inglismaldie, the sharp cone of Mount Peechee, one of the peaks of the Fairholme Range, 10,000 feet high; to the left of Cascade Mountain, and north of the railway track, forest fringed Squaw Mountain, standing sentinel over the beautiful Vermillion Lakes, which nestle at its feet; up the Bow River to the westward, the square crest of Mount Massive, towering into the heavens; nearer Banff, to the southwest, razor-backed Sulphur Mountain; southward, isolated Tunnel Mountain, and back of the hotel, Mount Rundle, lifting its snow clad peak to dizzy heights.

Such are some of the mountaineering opportunities, ranging from easy climbs for the novice, to labor that will tax the skill of an expert mountaineer, which, with the boundless wealth of scenery, ruggedly grand or exquisitely beautiful, is to be found in the vicinity of Banff. And if one wishes to try something very difficult, he may find over beyond Squaw Mountain, northwestward, a sharp, lofty pinnacle—Mount Edith—affording a climb equal to anything in the Tyrolese Alps, and within easy reach of Banff. If longing for adventure is not satiated by this, let him attempt Mount Assiniboine, one of the Matterhorns of the Canadian Rockies, which lies twenty miles south of Banff in the Spray Valley—a sheer pyramid of almost verticle rock, towering far above vast glacial fields and surrounding uplifted solitudes to an altitude of 11,860 feet.

Aside from its incomparable mountain scenery, Banff is famous for its health-giving springs, its lakes and rivers and its beautiful drives. The hot springs here have already become celebrated throughout the world for their wonderful medicinal properties and are visited by the afflicted both winter and summer. One thus finds a pleasure and health resort combined at Banff.



View of Hotel and Mt. Rundle.

The drives in the valley in and about Banff are numerous and beautiful, among them being one to the Cave and Basin, and Sundance Canon, a pleasant journey of three miles through picturesque surroundings. A beautiful seven-mile drive around Bow Valley, or the "Loop," as it is called, in full view of the Bow Falls, the rapids of which are 80

feet wide at the confluence of the Bow and Spray Rivers in the valley beneath the hotel; the Spray drive, up the Spray Valley, through virgin forests, to the Spray Canon at the foot of Goat Mountain. A nine-mile drive to Lake Minnewanka, or Devil's Lake, sixteen miles long and two miles wide, skirting the Cascade Mountain, and following Devil's Head River to Devil's Head Canon. A seven-mile



Bow Valley from the Hot Springs

drive to Tunnel Mountain, the finest in the Rocky Mountains Park, over the route known as the "Corkscrew," which winds up the side of the mountain at an altitude of more than 5,000 feet. A very enjoyable drive of fourteen miles to the coal mining village of Anthracite, following the bend in the Bow River, past groups of curiously formed clay figures called "Hoodoos."

There are also many other forms of entertainment for the tourist at Banff. Hunting the mountain goat, which abound in this region, is one of the most exciting pastimes, while for the less venturesome, boating and fishing, golf, tennis, bowling, billiards, etc., afford much enjoyment. Steam launches or canoes are used to navigate the Bow River, and no more delightful trip can be imagined than a journey up this beautiful stream to Vermilion lakes, where trout and other fishing is unsurpassed.

One of the most interesting attractions for visitors at Banff is Buffalo Park, a mammoth coral of 800 acres, one mile east of the railway station on the road to Lake Minnewanka. Here the government has a magnificent herd of 36 buffalo, a large number of caribou, elk, moose, antelope, deer and other animals native to this region.

Visitors to Buffalo Park should not fail to call upon that genial gentleman, Mr. Howard Douglas, superintendent of the Rock Mountains Park of Canada, who makes his headquarters at Banff. It was largely through his efforts that the government has such a magnificent collection of big game to display to the public, who are also indebted to him for the many beautiful drives in this region, which are constantly being increased in number under his supervision. Mr. Douglas is always pleased to impart information about this country to all who visit him.

At Banff, a short distance from the hotel, the government has erected a handsome structure for

the National Park Museum, where may be seen a splendid collection of specimens of flora, fauna, mineralogy, etc., found in the Canadian Rockies. The government has also located an observatory at Banff, on Sulphur Mountain, 8,000 feet above the valley, which is reached by a bridle path by way of the Hot Springs.

These springs are about two and one-half miles from and 800 feet above the hotel, on the side of Sulphur Mountain, and are reached by a beautiful drive along the base of the mountain. The temperature of the sulphur water at these springs is 120 degrees Fahrenheit, the main stream flowing from the rock is of sufficient volume to fill an eight inch pipe. The Dominion Government is installing a modern system of baths at this point, with plunge, shower, and swimming pool, also sweating rooms, cooling rooms and commodious waiting rooms. Experienced attendants will be in charge.

Another popular bathing place at Banff is known as the Cave and Basin, located on the side of Sulphur range, one mile west of the village. Modern bath houses have been erected here and competent caretakers are in charge. The water is tepid and so strong that a piece of silver thrown into it will immediately turn black.

Experienced Swiss guides are stationed at the hotel during the summer season, and under their personal guidance systematically planned excursions are made daily to points of interest about Banff, so that in a comparatively short time the visitor is enabled to explore the region thereabouts

under the most favorable auspices. Complete outfits, including guides, servants, provisions, saddle and pack horses, tents, etc., are supplied at Banff for parties of mountain explorers, goat and sheep hunters in the Selkirks and caribou and elk hunters in the foothills of the northern Rockies, at moderate rates.

Tourists will find charges moderate at Banff, in gratifying contrast to those of the Atlantic coast



Bow River Falls.

and other celebrated summer resorts. Here is the livery tariff, driver included, and a list of the various drives to Banff: To Lake Minnewanka, two or three persons, \$5; four or five persons, \$6; all day, two or three persons, \$7; all day, four or five persons, \$8. To Tunnel Mountain, Cave and Basin and Sun Dance Canon, or Loop, Cave and Basin



and Sun Dance Canon, two or three persons, \$4; four or five persons, \$5. To Cave and Basin, three or more persons, 50 cents each. To Hot Springs, two or three persons, \$3; four or more persons, each, \$1. Single rigs, phaeton, buggy or dog cart, without driver, first hour, \$1; every subsequent hour, 50 cents; saddle horses, same rate as for rigs.

Another convenience that will appeal to tourists



Herd of Buffalo Grazing.

is the inauguration by the railway company of a novel motor car service in the mountains, which enables one to obtain a better view of the great ranges and explore them under comfortable conditions. These will be located at Banff, and from there it will be possible to run as far as Laggan, the station for the far-famed "Lakes in the

Clouds," through the Bow Valley, or across the great divide to Field, the gateway to the Yoho Valley, or even to the Great Glacier of the Selkirks, and so approach the best coigns of vantage from which to view the wonderful mountain peaks.

This motor car, which runs on the railway tracks, resembles the modern electric street car.



Hotel and Bow Valley.

The advantages of this special design of car are evident, it being possible to view all points from it without turning and twisting, and scenes over which one may have traveled many times on a swift moving train develop new interest when seen from this car. The seating capacity is for fourteen.

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